

Some places can be Small Space Yet have a Huge Effect

The study room or the study area is a very important place in all homes, yet it is extremely overlooked. Usually kids will have a small desk in his/her room and that is it. But let's stop here for a second. This is the place where the very first steps in our children careers will be taken. Don't you think that it is really essential to create the perfect setting for them to enhance this process? I am sure that no parent will think otherwise.

Have we agreed on this fact, we all will start looking to this space totally different. Now it is not only about colorful desks and cute bookshelves. However, it is about how a room is conducive to the process of studying and for the assimilation of information. Feng

Shui -the ancient Chinese art of balance and harmony- states few guidelines that if integrated into the design of the room that you or your child has chosen to study in, great deal of improvements will be achieved.

First, pay attention to the location of the study area. Ideally, it should be in the near right corner of a quiet room's entrance. This space governs skills and knowledge. A window is to be on the left of the desk. If there is no window there, hang a mirror instead, which can act in much the same way. Make sure that for the best results that the desk does not have the person who is sitting at it with his back to the door, as this can affect his concentration.

The second step is to choose the right furniture. Keeping all furniture unites low, square and blocky to prompt the child's ability to settle down and get to work. Choose a chair with a high back away from the bookshelves. According to Feng Shui, placing a picture that is symbolic of water behind the chair, will increase the flow of creative energy.

Third make sure that the study room is tidy, and clutter free to build positive energy. Studying in an untidy room can be quite distracting, so make sure that the room itself is clean and calm. Don't leave things that are not necessary for studying strewn on the desk because that will not help with focus. Fourth, the place has to be adequately light in general. Besides, place a lamp with adjustable lighting directly on the desk. That way, kids won't have an excuse to neglect their studies, and they will be able to read and write with ease throughout the day.

Fifth, give the room an open and inviting look by placing a plant near the window. This can prevent bad luck and bad influences from coming in through the window. Using bamboo or cactus in this place can add some extra protection there and it can help keep whoever is studying there sharply focused.

Finally, stimulating their sense of smell can prevent you from spacing out. If they are not working on a tight deadline, infuse the study area





with an uplifting scent like lavender, chamomile or rosemary. Floral scents like rose and geranium can improve memory. Warm one of these essential oils in a diffuser help memorizing great chunks of material. If they are studying a confusing subject, energize the study area with a citrus scent like lemon or orange. To improve attention, use peppermint. This flavor

will sharpen senses and make kids more alert.

Although these might seem many things to do but still it is nothing compared to the aim such a room is supposed to serve. Moreover, what is more important than providing the right space is providing the nurturing

environment for our kids grow healthy mentally, and emotionally. Taking care of their psychological well being is the key factor for bright future.

Now our kids can shoot for the stars more powerfully than ever.

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